Ideas for book about women/feminism (oh brother):

- Dismiss the 'metaphysical' way of thinking about men and women and how that prevents any rationality on the subject
- Dismiss also the idea that whatever evolution/natural selection has led to so far is exactly the way things should be (this is obvious, but show how it still infects most peoples' thinking).
- All of the above, and other things you need to touch on, are really the subject of your proposed superior system of morality.
- Point out the problems caused by and clear irrationality of modern feminism as well as much of MRA ideology and how feminism has utterly failed and continues to fail to eliminate sexism (define) in our culture and around the world
- Share your story.
- Discuss the evidence for the cognitive abilities/characteristics, or lack thereof, of women, and discuss why your conclusion makes sense evolution/biology-wise
- Etcetera
- Have a section about how many phenomena your theory explains, like the prevalence of male homosexuality in intellectually advanced cultures and individuals (mention that this is awesome of course) (but be careful about pedos), irrational feminist reactions to stuff, differences btw men and women...

Sauce:

The Indian sanitary pad revolutionary (Arunachalam Muruganantham):

http://www.bbc.com/news/magazine-26260978 (HHL--She used this as an example of how a basic need of women was met by the inventiveness of men, along with many others like clothes washing machines, dishwashing machines, etc)

Start outlining the book!

Sections/main concepts:

- I. Introduction: state the problems and how/why no solution to them has yet been found. Thereby get the reader interested in/open to hearing your explanation.
- II. 'Hardwired', or biological, limitations/problems of women
 - Evolutionary background: Why women evolved to be babymaking machines, which leads to
 inferiority in most other respects (to be discussed below). Find EVIDENCE regarding the roles
 of women in primitive human societies. But, keep in mind that it's possible that women
 became 'housebound' relatively late in human history, which help explains why black chicks
 are more muscular/have more testosterone/etc.
 - Hormonal (testosterone, cortisol, thyroid; menstruation and pregnancy; evolutionary reasons?)
 - Other stuff, which may be caused by influence of hormones in puberty, or maybe not. (brain differences: stuff...) These are probably not as important.
- III. Psychological problems

- a. Explain how feminism prevents women from dealing with/thinking rationally about their own physical and mental limitations. Then, describe this process in more detail:
- Problems due to physical differences (smallness, weakness, and obvious sex-toy morphology) -> (inferiority complex, possibly 'sensing' that nature intends them to be nothing more than fucktoys)
- c. Problems due to hormonal differences (lack of mental power/stamina/intellect, fearfulness)
- d. Problems due to cultural influences. This has mostly been covered by other people, so just cite and describe them and try to focus on things others don't understand (ESPECIALLY the next bullet). Especially FEMINISM and pop culture, although these are at the same time consequences of the aforementioned things. Also discuss the whole strong female characters problem (overpowered tiny hot chicks, lack of female characters with actual personality [except ugly/old ones and villains]).
- e. IMPORTANT: Discuss how MEN view and treat/have always treated women, and how this screws with them! Nobody understands this, only a few people (mainly on 4chan) sense it partially. Men value women for their sexual value almost to the exclusion of their minds; it doesn't matter if a woman is vapid or unaccomplished. This is completely different from the situation of a man, who has to prove his worth by developing skills/accomplishing something/etc. Thus, women have no external drive to do stuff, and furthermore they get the idea that their mind doesn't matter to/isn't valued by anyone so there's no point in doing stuff.
- f. Addon to last point: what has prevented men, the smart ones, from ever cracking this nut? It's their sexual attraction to women (or, apparently in the case of homosexuality, loathing/fear of women), ignorance about/inability to even imagine the female condition, and everyone's natural inhibition about deeming other groups inferior (this wasn't always the case though), and religion, and the general destruction of philosophy.
- IV. How many phenomena this explains (if not covered during previous discussion)
 - a. Severe paucity of accomplished females in science, philosophy, art, music,... basically everything. Old 'folklore'/common sense beliefs about how women just don't do stuff (as also noticed by 4chan). Even in female-dominated professions such as cooking (or art, at least these days), the biggest innovators are almost invariably men!
 - b. Common behaviors of women, e.g. the 'women hate each other' meme, and many general indicators of low self esteem.
 - c. Women performing better in school; boys being diagnosed with ADHD much more often. (Make comparisons to how just about anyone who's anyone hated school and wanted to/did get out of it as soon as they could, and performed poorly out of spite/lack of interest).
 - d. 'Sexism'/female stereotyping and how feminism is utterly failing to eradicate it.
 - e. Feminism (including the radical type): projecting one's feelings of inferiority on men, blaming them for your problems when in fact they're due to your own weaknesses.
 - f. No rational discussion of feminist topics

- g. Social Justice Warrior stuff (well, this is also due to the erosion of intellectual civilization tho, so maybe not so applicable)
- h. Applications to MRAs, homosexuality, transgenderism

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V. The Solution(s)

- a. Return to the 1950's is NOT the solution! 'Women and men are complementary' is spiritualist bullshit! 'Let them be as nature made them' is NOT the solution! (all of this is proved by discussion in previous section).
- b. Best and most viable solution I know of: What dad said. I pasted his email in on the next page(s).

Notes:

Your story: Put this somewhere, either in the intro/as a first chapter or maybe as an appendix/afterword.

Growing up, I was never very feminine (I loved dinosaurs, reptiles, video games, etc. and hated almost everything that was 'girly'). Discuss how your upbringing protected you from the poisonous mental programming that prevents women from understanding their problems. I was always bothered by the portrayal of women in media (movies, video games, etc.) and fashion, and how things were marketed towards women. I loved creating female characters that shattered female stereotypes (maraelyc/sarkis, 'gordon' lolololol, SD) in ways I rarely, if ever, saw elsewhere. I have/had naturally high testosterone, no tits, and am generally unfeminine, helping to explain why I am intelligent and have solved this problem. I also was attracted to women for some time (this reflects the nature of female sexuality, which I should also discuss).

I had a very strong emotional (horrified) reaction to the idea of rape. For quite some time, I thought it was worse than murder, though I couldn't explain why. I later realized that it's because rape points out, makes clear, and epitomizes how women are 'fucked over' (lol) by biology and men. To this day, the only thing I can imagine happening to a man that would be equivalent to being raped as a female is the following: being cannibalized, and perhaps raped at the same time, by a much bigger, stronger creature, especially one with the ability to inseminate/lay eggs in him.

Around the age of 14 the lack of 'role models' began to hit me extra hard. I realized that virtually everyone who'd ever done anything I admired (or that generally demonstrated exceptional intelligence/creativity/dedication/etc.) was male, and that even men in general (e.g. in my life) seemed to be superior to women by default (wittiness, ability/drive to solve problems or take action on their beliefs, tendency to innovate, friendship style...). I sensed that even I subconsciously disliked women; I did thought experiments where I imagined feminine women doing impressive male things, and they always felt 'wrong', a cognitive dissonance that I was initially unable to explain.

During my 15th and 16th years I encountered several things that really 'struck a nerve' and I became angstier than ever. I found that asshole (+ encyclopedia dramatica, many 4channers, and many rock stars: nugent, jimmy page, bowie) on the internet who said men should fuck girls as soon as they hit puberty, and I was enraged and cried because nothing anyone had told me could explain what was so disgusting and wrong about this idea (and because it seemed so pervasive, even among great musicians and so forth). I became enraged again when me and dad watched Frank (now Leslie) Baird's video and dad commented on how no women would ever have the single-minded dedication to devote herself to building such an incredible lab. I was very frustrated and angry for several days after this; if he, and most men, are consciously aware of the shortcomings of women, why don't they do something about it? Why are they attracted to women despite knowing that they're mentally and physically handicapped? Do they want it to be this way? What the fuck? Heterosexuality resembles pedophilia and is repulsive to all other values men hold dear.

I gradually (years 14-17) noticed my shortcomings compared to the men in my life (but not compared to other women), especially those which are never discussed: lack of motivation/energy to do even the things I wanted to do all the time, like physics or art or anything involving sustained stress and effort; a pervasive feeling of weakness/cowardliness, especially in public spaces; lack of wittiness; lack of 'vigor'. It seemed to me like males were just doing stuff all the time - a completely alien way of life to me, one that I always dreamed of having.

Whenever I told men (dad, ibian) about my theories they would basically not argue with me (because they couldn't) and just laugh and spout some horseshit instead ('but women are so cute/sexy', 'men and women are complementary and men need a helpmate', 'you don't need muscles', etc.)

-When dad writes his hormone book, you will be able to cite it for a lot of your info!

Sauces:

Menopause. 2014 Jun;21(6):612-23. doi: 10.1097/GME.00000000000093.

Testosterone dose-response relationships in hysterectomized women with or without oophorectomy: effects on sexual function, body composition, muscle performance and physical function in a randomized trial.

Dad's email: (HHL-Valerie has included this e-mail that I wrote as an example of ways to safely change young women's hormonal milieu to prevent pregnancy and increase their virility)

http://www.theatlantic.com/past/issues/96jun/cancer/cancer.htm

Marijo,

Indeed, I've never seen such an honest, intelligent, and informed discussion of breast cancer diagnosis and treatment in print. It should be required reading for every woman and every doctor.

I have other thoughts than him, however, about changing the hormonal milieu in young, menstruating women who have no intention of getting pregnant for many years. Prophylactic tamoxifen, aromatase inhibition, and birth control pills out of the question. There are several possibilities:

- 1. Natural hormonal ovulation suppression: There is a birth control pill now that contains bioidentical estradiol (Natazia). It apparently takes little estradiol to prevent ovulation--just levels of 50pg/ml all the time. However the progestin in the pill is artificial and I don't know what it's effect on breast cancer risk will be. They should develop an estradiol-progesterone-testosterone contraceptive--either a weekly SQ injection, pill, implant or vaginal suppository.
- 2. GnRH therapy to suppress ovarian function with EPT add-back therapy. The GnRH is injected every 1 to 3 mos or so. A version of this approach is already used to treat endometriosis, producing a low-constant estrogen milieu
- 3. Daily progesterone therapy--will make menses irregular unless the dose is high enough to suppress uterine lining proliferation altogether. It will take 200 to 400mg vaginally at bedtime to do this or a new weekly SQ injectable. Progesterone's anti-proliferative effect in the breasts is not appreciated by docs in America but it is understood in Europe.
- 4. Testosterone injections for those women who want them--for greater muscle strength, stamina, etc.. I found that it doesn't take much testosterone to stop ovulation in women, and testosterone has anti-proliferative effects in the breast. The virilization effects are mild at doses that produce levels higher than normal for women, but still much lower than men's levels.

Nature made women to be baby-making machines, but that role has huge downsides, not only Breast CA, but the cortisol-deficiency that is so common in women and causes all the issues that women suffer from much more than men---PMS/PMDD (of course), chronic fatigue, fibromyalgia, autoimmune diseases, brain fog, headaches, anxiety disorders, etc. Higher estradiol levels counteract cortisol, so providing low-constant estradiol will help with low-cortisol issues too. 50pg/ml is all women need for health--and that's identical to a man's levels (if he has great testosterone levels).

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aborted 4chan comment:

No, women do not have it easier. Perhaps women, especially the pretty ones, do have a lot of things handed to them by society. However, you have to balance this out with the fact that most of them are too weak to perform certain common domestic chores, and also have inferior mental power and stamina (all because evolution designing them to be baby-making machines, not builders or problem solvers). Women are physically and mentally crippled, so it's only fair that their superiors protect and support them until we can genetically engineer women to not have these problems.